



Mid Day Meal Plan Nagaland

An Introduction

The Government of India introduced Mid Day Meal Programme under the Scheme entitled “National Support to Primary Education” (NPNSPE) popularly known as Mid Day Meal Scheme (MDMS). This Programme was launched in 15th August 1995 in the whole country as a Centrally Sponsored Scheme and was extended from classes 6-8 during 2008-09 in an attempt to enhance enrolment, retention and attendance while simultaneously improving nutritional levels among children in schools. MDMS is an entitlement of students from Primary and Upper Primary of Government and Government aided schools in the country.

The Department implemented MDM scheme since 1995. Since inception many norms and guidelines have been revised in tandem with the changing times. For effective implementation of the Scheme, implementation manuals incorporating the guidelines issued by Gol, management structure for all levels, role and responsibilities of every stakeholder, records and reporting formats to be maintained at all levels have been devised.

To achieve the objectives of the Scheme, the guidelines prescribe the following nutritional content in the mid day meal:

Components	Primary	Upper Primary
Calories	450 Cal	700 Cal
Protein	12 gms.	20 gms.
Micro-nutrients	Adequate quantities of micro-nutrients like Iron, Folic Acid , Vitamin A etc.	

The component wise break up of above nutrition value of food items constituting Mid Day Meal (MDM), both for primary and upper primary, are as under:

S. no.	Items	Primary			Upper Primary		
		Requirement under MDM (in gms)	Energy content (in calories)	Protein Content (in gms)	Requirement under MDM (in gms)	Energy content (in calories)	Protein Content (in gms)
1.	Foodgrains (Rice / Wheat)	100	340	8	150	510	14
2.	Pulses	20	70	5	30	105	6.6
3.	Vegetables	50	25	--	75	37	--
4.	Oil & Fat	5	45	--	7.5	68	--
5.	Salt & Condiments	As per need	--	--	As per need	--	--
			480	13		720	20.6

Management Structure

State Level Steering –cum-Monitoring Committee:

1. Chief Secretary : Chairman
2. Development Commissioner : Member
3. Finance Commissioner : Member
4. Secretary, Health and Family Welfare : Member
5. Secretary, Food and civil Supplies : Member
6. Secretary, Rural Development : Member
7. Secretary, Women Development : Member
8. Regional Manager, FCI : Member
9. Commissioner & Secretary, School Education : Member Secretary
10. Member to be nominated by the Chairman
 - i. Two experts in area nutrition
 - ii. Four persons of whom at least two shall be women with significant contribution/achievement in the area of nutrition / child welfare / community / women`s mobilization /school education /child health.
 - iii. Representatives of 3 Districts.
 - iv. One representative of teachers.

The committee meets quarterly to review the implementation of the scheme.

District Level Steering-cum-Monitoring Committee:

1. Deputy Commissioner : Chairman
2. Chief Medical Officer : Member
3. District Food & Civil Supplies officer : Member
4. FCI representative : Member
5. Municipal Council/Town Committee Chairman : Member

6. District Education Officer : Member Secretary
7. Member to be nominated by the Chairman
- i. One expert in area nutrition/child development.
 - ii. Four persons of whom at least two shall be women with significant contribution / achievement in the area of nutrition/child welfare / community / women`s mobilization / school education /child health.
 - iii. Representatives of 3 Village Education Committee (VEC).
 - iv. At least one representative of teachers.

Directorate of School Education:

Administration

- Nodal Officer (MDM) : Shri.Khriekethozo Lhoungu, Asst Director
 One Assistant Director : Deputy Project Director

Finance and Accounts

- Finance Controller : Senior Accounts Officer (DoSE)
 Accounts Assistant : 1 (One) on deployment

Entitlement:

Foodgrains:

Primary	100gms per child per day
Upper Primary	150gms per child per day

Cooking cost:

Stages	Centre share	State share	Total
Primary	₹. 3.72	₹. 0.41	₹. 4.13 per child per day
Upper Primary	₹. 5.56	₹. 0.62	₹. 6.19 per day per child

*Cooking cost are subject to changes as per MHRD notification

Cook cum Helpers honorarium:

@ 1000 per month for 10 months (₹. 900 Centre + ₹.100 State)

Coverage of children:

Stages	PAB Approval 2016-17	Coverage 2016-17	PAB Approval 2017-18	No. of working days
Primary	150539	121364	120722	220
Upper Primary	35504	36858	36545	220
NCLP	963	957	957	312

Allocation of Food grains:

For the Year 2016-17 the annual food grain allocation for the State was 3311.85 MT.

The to ensure timely delivery of foodgrain to schools, the Department has provided 26 vehicles (pickup trucks) for transportation of food grains to the schools within their areas of authority to all the SDEOs.

Funds Allocation & Expenditure:

The Funds allotted and expenditure incurred during the year 2016-17 is as under

Central assistance received (₹. in Lakh)	Expenditure incurred (₹. in Lakh)	% of utilization
2423.56	2129.31	87.87%

Implementation of MDM on PPP (Public Private Partnership) mode:

The State has begun involving NGOs in 2 (two) districts, Eleutheros Christian Society (ECS) for Tuensang District and the Phom Community Development Society (PCDS) for Longleng District to implement the MDM in their area of Operation as a pilot project. Both the NGOs shall observe the guidelines of MDMS issued by the Government of India MHRD, department of School Education and implementation manual developed by the department.

School Health Programme

In convergence with the Department of Health & Family Welfare time to time health check are carried out in the schools and distributes de-worming, Iron & Folic Acid to the children.

Monitoring:

To monitor the implementation of the scheme four level monitoring mechanism is set up:

State level	-	Directorate of School Education
District level	-	DEO
Sub Divisional level	-	SDEO
Block	-	Block Level Monitoring Officers

Grievance Redressal Mechanism:

Complaints regarding the MDM Scheme can be made in the District and block offices or can be made directly to the Nodal officer of the Programme through the Address given below.

Nodal Officer (MDM)
Directorate of School Education
Nagaland, Kohima-797001
Phone no.
Mobile.
Email: nglnd_mdm@yahoo.in